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सम्पादक

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तकनीकी सम्पादक

अमिल जाधव

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4. Study Of Present Status And Future Of Kho-Kho Game At International Level- Dr. Prashant Govindrao Gawande,

Director of Physical Education and Sports,
Arts, Science and Commerce College, Chikhaldara,

Introduction: -Kho-Kho is our traditional outdoor oldest indigenous, non expenditure forms of sports, now it has become indoor too. Kho-Kho game is It is played most often by school, college & at association level in India as a competitive game.. Rule book was published in 1934 at Akola. Kho-Kho team from HVPM, Amravati demonstrated this game in Berlin Olympics In the year 1936. Year 1977-78 one year NIS Diploma course in Kho-Kho started at Patiala which produces qualified coaches in India. There after Kho-Kho game included in school and university games. Kho-Kho is played by countries viz. Bhutan, Bangladesh, Pakistan, India, Thailand, Maldives, England, Shrilanka and Nepal.

An inning consist of chasing and defending turns which shall be in senior and junior groups 9 munities and of 7 minutes in sub-junior group. Kho-Kho team consists of 12 players. 9 players will take the field in the beginning of the match for their turn of chasing. Three players will remain as extras while chasing as well as while defending turns..

kho-kho game is having nearly hundred years of history. Many changes have been taken place in rules and regulations of Kho-Kho game since a very long time to reach up to the international platform. First Asian Kho-Kho championship held in the year 1996 at Calcutta, India. Second Asian championship held at Dhaka in 2000, Bangladesh and third championship held at Indore, M.P. in 2016. India were winner and the Bangladesh was runner up in all the competitions. In SAF game held at Guhati in the year 2016 and next SAF game held at Kathmandu in the year 2019, India were winner and Bangladesh was runner up team. In the test series against Nepal, India were again winner and Nepal was runner up in the series. Competitions conducted against local England Kho-Kho team in the year 2018 held at England in which again India won. While working in Kho-Kho field, question aroused in the mind of researcher is that KHO-Kho fraternity along with people of Kho-Kho playing nations must know the present status and who is winning

international competitions. Hence researcher due to his personal curiosity under taken this study to let know the present status of this game to the Kho-Kho fraternity, people of India and overseas countries. Researcher conducted Interviews of Kho-Kho national coaches, officials & players, with their views. Also record of International tournaments considered as a data for this study.

Method: -For this study researcher conducted interviews of some 40 Kho-Kho experts who were national coaches, officials & university color holders players from different states. Subjects selected for this study were active devoted workers in the Kho-Kho field, also taken as data of past record of International tournaments for this study. There was no sampling method applied. Subjects were quiet aware of the present status, other countries Kho-Kho performance & overall scenario of the Kho-Kho game at International level.

Compilation of Data: - Subjects selected for this study were active workers in the Kho-Kho field, the data pertaining to the study were collected by conducting interviews of 40 Kho-Kho national players, coaches, officials, university color holders players from different states, also the record of International tournaments results were considered as data. There was no sampling method applied. Data was considered of only men Kho-Kho teams.

Conclusion: On the basis of findings and within the limitation of present study it is observed from the literature reviews and reports was found that Kho-Kho federation of India (K.K.F.I.) is the most Important association for this sports. It has branches in many countries and conducts mini, junior and open championships for both genders in many parts of India.

Indian Kho-Kho men team is winning almost all the International competitions till date. The reason behind this performance are many, but the most important is, numerous competitions at various levels are being played in India due to which players performance raises tremendously. Compare to India very less domestic local competitions is being organized at other countries due to which improvement in performance is less. Oversees Kho-Kho men teams will have to make more efforts to bring the performance equal to Indian team. And winning the competitions like Indian teams are winning else there will not be any thrill and interest

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to public, overseas players & Kho-Kho fraternity at international level. In coming days India's very own age-old and home grown sports Kho-Kho, is ready to be revamped and grab attention as the country is set to host its first ever "ULTIMATE Kho-Kho" league. It aims to popularize the Kho-Kho game. Professional competitions (like an IPL-styled tournament) proposed to be organized with the help of a get franchise. Kho-Kho players sure to become economically sound with this great change in the form of "ULTIMATE Kho-Kho". Some foreign players sure to get opportunity, name and fame as well in this big cash prize tournament. And fraternity is confident that Kho-Kho can achieve much more than its current status with creating its own story & future of redemption as Kabaddi has done in the past. This is the present status of the purely indigenous Kho-Kho game which is being played at international level.

Chart No. 01:

Chart showing the present status of Kho-Kho game at International Asian Kho-Kho championships.

| ASIAN KHO-KHO CHAMPIONSHIP | | | |
|----------------------------|------|--------|------------|
| Sr. No. | Year | winner | Runner-up |
| 01 | 1996 | India | Bangladesh |
| 02 | 2000 | India | Bangladesh |
| 03 | 2016 | India | Bangladesh |

Chart No. 02:

Chart showing the present status of Kho-Kho game at International SAF games competition

| SAF GAMES | | | |
|-----------|------|--------|------------|
| Sr. No. | Year | winner | Runner-up |
| 01 | 2016 | India | Bangladesh |
| 02 | 2019 | India | Bangladesh |

Chart No. 03:

Chart showing the present status of Kho-Kho game at India-Nepal International test series.

| INDIA - NEPAL TEST SERIES | | | |
|---------------------------|--------------|--------|-----------|
| Sr. No. | Year | winner | Runner-up |
| 01 | 22 may 2018 | India | Nepal |
| 02 | 25 may 2018 | India | Nepal |
| 03 | 27 may 2018 | India | Nepal |
| 04 | 30 may 2018 | India | Nepal |
| 05 | 01 June 2018 | India | Nepal |

Recommendation: Indian Kho-Kho team are winning international competitions almost all the time. Ultimate Kho-Kho will sure to infuse a new spirit in to the Kho-Kho game. After seeing the present status of Kho-Kho game at international level. The following recommendations are made for promotion of this game.

(01) Motivate overseas players for their career advancement & job security on the basis of their performance. (02) Good coordination amongst sports ministry & KKFI. (03) Right steps by authorities of other countries are to be taken for game promotion. (04) Conduct of advance training & coaching camps for foreign players & coaches. (05) Frequent international tournaments should be organized. (06) Kho-Kho literature must be provided & included in other countries schools, colleges & universities curriculum.

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